



## Values Statement

People First Bridgend aims to be an effective charitable organisation advocating for adults with learning disabilities and/or autism spectrum conditions. We believe that these people should be treated with dignity and respect, have equitable relationships with their care and support providers and those in authority, and have their rights protected and upheld.

People First Bridgend will accomplish this by:

- Advocating for people to ensure they obtain their full rights and privileges as citizens.
- Supporting people to speak up for themselves to challenge and overcome exclusion.
- Standing up for those who lack the confidence or ability to speak for themselves.
- Developing people's self-advocacy skills to enable them to better participate in decision-making affecting their lives.
- Providing opportunities for people to develop and grow their self-advocacy skills.
- Educating professionals and the public on issues relating to learning disability and/or autism.
- Developing people's wider skills enabling them to integrate and be supported in and by their local communities.
- Promoting self-advocacy and the social model of disability as foundational principles in giving people a better quality of life.